

FOLKSTYLE, FREESTYLE/GRECO 2008 REQUIREMENTS OVERVIEW

OFFICIALS

1. Attire
 - a. Lt to med. Blue shirt
 - b. Grey slacks
 - c. Black belt
 - d. Black shoes
2. Colored flipper
3. USWOA license
4. Current WAWA rules clinic card
5. Requirements to ref WAWA State Tournaments.
 - e. 3 tournaments folkstyle (jr high and high school count need proof)
 - i. Have someone you've worked with sign your USWOA control card
 - f. 2 Freestyle tournaments to ref freestyle
 - g. 2 Greco tournaments to ref Greco
6. Club affiliation
 - h. When you sign in at a clinic if you are going to represent a club declare it at this time.
 - i. If you sign up with a club affiliation you will remain with this club for the season
 - j. If you sign unattached you will remain unattached for the season.

WEIGH-INS

1. Conducted as close to State guidelines as possible
2. Follow USA Wrestling age and weight charts
3. Clip fingernails at this time (saves time on mats)

WRESTLERS

1. Attire
 - a. Red or Blue singlet as designated on bout sheet
 - b. Required at State tournaments (Highly recommended at local tournaments)
 - c. Shoelaces secured
 - d. Headgear required all ages through jrs.
2. Current USA card

COACHES

1. Current WAWA rules clinic card
2. Copper or Bronze coaches card
3. Both cards required at State Tournaments.